

COURSE INFORMATION & EXPECTATIONS
6TH GRADE PHYSICAL EDUCATION
MR. DESCHAIINE 082007

NAME _____
PERIOD _____

ACTIVITY UNITS

1st Quarter - Wellness & Conditioning
2nd Quarter - Folk & Square Dance

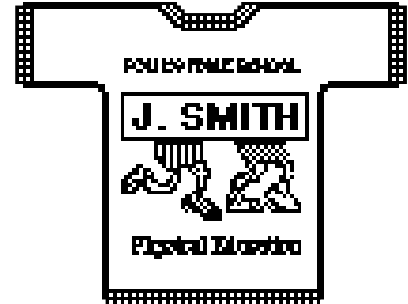
3rd Quarter - Archery
4th Quarter - One Wall Handball

DRESS

Students in Physical Education classes are required to change into "Traditional Gym Clothes":

- Comfortable shorts. (SAFE FOR THE ACTIVITY)
- T-Shirt with the student's **FIRST INITIAL** and **LAST NAME** clearly printed on **the front in permanent marker. (i.e. J. SMITH)**
- Sweat Socks and Gym ("Sports") Shoes.
- Appropriate undergarments.
- Sweatshirt, sweatpants or warm-up suit is also acceptable.
- Student are not to share gym clothes!
- Jewelry which is unsafe for the activity MUST BE REMOVED.

- * **Student's are encouraged to LABEL all of their gym clothes and shoes so that lost items may be more easily returned.**



LOCKER ROOM POLICIES

- EACH STUDENT will be issued a LOCK and BASKET in which to keep their gym clothes.
 - During class the student lock may be used on a TALL LOCKER, and returned to their basket after class.
- STUDENTS ARE NOT TO SHARE BASKETS OR ALLOW ANY OTHER STUDENT TO USE THEIR BASKET (or LOCK)**
- If a problem occurs, with a basket or lock, you should promptly inform your teacher.
 - When waiting to be released to the next class, remain seated on the locker room benches.

GRADING

Students will be assessed and graded in compliance with suggested district guidelines and the following categories:

- **Social Development** (How well you get along with others.)
- **Physical Activity** (Health and skill related fitness activities.)
- **Personal Management** (Individually meeting class expectations.)
- **Skill** (Working at a level appropriate for you.)
- **Knowledge** (What you know about the activity/sport.)

The Daily Assessment Grade

At the end of each class period the teacher will evaluate the level of performance using the scale below.

- 0-3 = Did not meet daily expectations.
- 4-6 = Below average- Completed some of the daily tasks
- 7 = Average - Completed all daily tasks.
- 8 = Above average - Excelled at all daily assignments
- 9 = Superior - Completed all daily tasks and additional work or kindness.

PROBLEMS OR ILLNESS

If for some reason you are UNABLE TO PARTICIPATE on given day, It is "YOUR" (Students) RESPONSIBILITY to bring a note from your Parent/Guardian explaining the situation. Alternate activities will be arranged.

If you are absent from class, consult with your teacher for possible make up work.

- * **When problem situations occur (and they usually do) you are encouraged to inform the teacher who will try to help solve that problem.**

DAILY PROCEDURES AND EXPECTATIONS 6TH GRADE PHYSICAL EDUCATION

Your performance in this class is judged (graded) on an individual basis upon what actually do. Those who follow all the daily procedures and work to their abilities will receive a superior grade. I remind you that your physical education grade is based on the following:

- **Social Development**, is your interaction with others (i.e. sportsmanship, cooperation, safety.)
- **Physical Activity**, is participation in health and skill related activities and assessments.
- **Personal Management**, is you meeting your daily class responsibilities.
- **Skill**, is based on your performance and the performance of your team.*
- **Knowledge**, is your understanding of the nature, rules, and strategies of each activity.

DAILY PROCEDURES AND EXPECTATIONS

Social Development

- Exhibit good sportsmanship toward other students and teachers.
- Cooperate with students, teammates, team captains, referees and teachers.
- Participate in a safe manner to avoid potential injury to yourself and others
- Use appropriate language.
- Politely follow the directions/advice of the locker room supervisors.

Inappropriate behaviors will be dealt with through Due Process procedures.

Physical Activity

- Participate in all warm-up/stretching activities. *
- Participate at the appropriate intensity in our aerobic and other fitness activities.*
- Actively participate in current unit activities.
- Participate in LPS and Pound Fitness Assessments.

Personal Management

- Be in the locker room at the time scheduled for class to begin _____ AM PM
- Be appropriately dressed for activity, and at your place for role to be taken, four (4) minutes after the time scheduled for class to begin.
- Bring to class any materials required for class. (i.e. Folder, pencil, handouts, etc.)
- Care for and use equipment in an appropriate manner. (Put it back where it belongs.)

Skill

- Work to your abilities. Your teachers will help you learn the skills and determine specific limits for you.
- Demonstrate the critical elements needed to participate in each Unit Activity.
- Individual and Team performance skills will be assessed

Knowledge

- Participate in the activities which explain the Rules, Nature, Purpose and Basic Strategies of each Unit.
- Read, save, and review written study materials for each unit. The information will be needed to understand concepts, rules and strategy of each activity.
- Written assignments may also be graded.

I have read these expectations and understand what is required of me:

Name _____ Date _____

** modifications may be arranged through collaboration of medical professionals/parents and teachers.*